

# St George's Community Hydrotherapy Pool

Do you have a long-term health condition or disability?

Are you rehabilitating from an operation or injury?

Would you like to relax in a warm, friendly pool to help relieve stress?



We may be able to help

Accessible pool & a spa  
Heated to 36°C

Plus

- Aquatic physiotherapy sessions
- Aquatic fitness classes
- Self-referral

Open Mon - Sat

[www.hydrotherapypeterborough.com](http://www.hydrotherapypeterborough.com)

01733 453583



For more information or to book an appointment please contact us: [stgeorges@vivacity.org](mailto:stgeorges@vivacity.org) or drop in to 367 Dogsthorpe Road, Peterborough PE1 3RE